



**NAME:**

**SCHOOL:**

**ALLERGY:  
Milk Free**

**Also served  
daily:**

Fresh Fruit  
Wholemeal Bread  
Water

Free From Knorr  
Gravy **ONLY** to be  
used

**ONLY THE  
FOOD STATED  
ON THIS MENU  
IS TO BE  
SERVED**

# PRIMARY MENU

**WEEK 1**

**WEEK 2**

**WEEK 3**

<p><b>MONDAY</b> Cod &amp; Salmon Fish Fingers Or Broccoli &amp; Tomato Pasta Diced Potatoes Baked Beans, Sweetcorn, Garden Peas, Salad  Dairy Free Raspberry &amp; Peach Swirl Sponge</p>	<p><b>MONDAY</b> Pork Sausage Or Sweet &amp; Sour Vegetables Potato Wedges or Vegetable Rice Baked Beans, Garden Peas, Salad  Dairy Free Apple Sponge</p>	<p><b>MONDAY</b> Breaded Fish Or Mushroom and Leek Bake Jacket Potato or Sauté Potatoes Garden Peas, Sweetcorn, Broccoli, Salad  Dairy Free Apple Brownies with Fruit Slices</p>
<p><b>TUESDAY</b> Beef Bolognaise Or Falafel Burger Pasta or Potato Wedges Mixed Vegetables, Broccoli, Salad  Fresh Fruit</p>	<p><b>TUESDAY</b> Cod &amp; Salmon Fish Fingers Or Vegetable Plant Ball in Tomato Sauce with French Bread Pasta or Diced Potatoes Broccoli, Garden Peas, Sweetcorn, Salad  Fresh Fruit</p>	<p><b>TUESDAY</b> Southern Style Vegetable Burger Pasta or Potato Wedges Mixed Vegetables, Garden Peas, Sweetcorn, Salad  Fresh Fruit</p>
<p><b>WEDNESDAY</b> Roast Turkey &amp; Stuffing in FF Gravy Or Vegetable &amp; Lentil Shepherds Pie Boiled Potatoes Green Cabbage, Carrots &amp; Diced Swede  Fruit Jelly</p>	<p><b>WEDNESDAY</b> Roast Pork &amp; Apple Sauce in FF Gravy Or Vegetable Sausage Boiled Potatoes Green Beans, Swede &amp; Broccoli  Dairy Free Mousse</p>	<p><b>WEDNESDAY</b> Roast Beef with FF Gravy Or Garden Vegetable Pie Boiled Potatoes Baton Carrots, Cabbage, Swede  Dairy Free Ice Cream</p>
<p><b>THURSDAY</b> Vegetable Sausage Boiled Potatoes Carrots, Garden Peas, Broccoli, Salad  Fresh Fruit</p>	<p><b>THURSDAY</b> Chicken Fillet in FF Gravy Or Vegetable Casserole Boiled Potatoes Carrots, Cabbage, Country Vegetables, Salad  Fresh Fruit</p>	<p><b>THURSDAY</b> Pork Frikadellons Or Quorn Fillet Boiled Potatoes Baked Beans, Carrots, Garden Peas  Fresh Fruit</p>
<p><b>FRIDAY</b> Fish Fillet Vegetable Rice or Chipped Potatoes Mixed Vegetables, Sweetcorn, Broccoli, Salad  Dairy Free Mandarin Sponge Slice</p>	<p><b>FRIDAY</b> Quorn Dippers Jacket Potato or Chipped Potatoes Mini Corn Cobs, Mixed Vegetables, Salad  Dairy Free Fruit Muffin</p>	<p><b>FRIDAY</b> Pork Sausage Vegetable Rice or Chipped Potatoes Broccoli, Sweetcorn, Garden Peas, Salad  Dairy Free Cookie</p>

