



NAME:

SCHOOL:

**ALLERGY:
Nut Free**

**Also served
daily:**

Fresh Fruit
Wholemeal Bread
Yoghurt
Semi-Skimmed Milk
Water

Cyngor Iwroddestref Sirof

peir hont ar Ogwr
**ONLY THE
FOOD STATED
ON THIS MENU
IS TO BE
SERVED**

BRIDGEND
County Borough Council

PRIMARY MENU

WEEK 1

WEEK 2

WEEK 3

<p>MONDAY Cod & Salmon Fish Fingers Or Broccoli & Tomato Pasta Herby Diced Potatoes Baked Beans, Sweetcorn, Garden Peas, Salad Raspberry Peach Swirl Sponge & Custard</p>	<p>MONDAY Mini Omelette with Pork Sausage Or Sweet & Sour Vegetables Potato Wedges or Vegetable Rice Baked Beans, Garden Peas, Salad Eve's Sponge & Custard</p>	<p>MONDAY Breaded Fish Or Mushroom and Leek Bake Jacket Potato or Sauté Potatoes Garden Peas, Sweetcorn, Broccoli, Salad Toffee Apple Brownies with Fruit Slices</p>
<p>TUESDAY Beef Bolognaise Or Falafel Burger Pasta or Potato Wedges Mixed Vegetables, Broccoli, Salad Fruit Yoghurt or Fresh Fruit</p>	<p>TUESDAY Cod & Salmon Fish Fingers Or Vegetable Plant Ball in Tomato Sauce Pasta or Diced Potatoes Broccoli, Garden Peas, Sweetcorn, Salad Fruit Yoghurt or Fresh Fruit</p>	<p>TUESDAY Meatballs in Tomato Sauce Or Southern Style Vegetable Burger Pasta or Potato Wedges Mixed Vegetables, Garden Peas, Sweetcorn, Salad Fruit Yoghurt or Fresh Fruit</p>
<p>WEDNESDAY Roast Turkey & Stuffing in rich Gravy Or Vegetable & Lentil Shepherds Pie Boiled or Creamed Potatoes Green Cabbage, Carrots & Diced Swede Jelly with Strawberry Swirl</p>	<p>WEDNESDAY Roast Pork & Apple Sauce in Rich Gravy Or Vegetable Sausage Creamed or Boiled Potatoes Green Beans, Swede & Broccoli Rice Pudding</p>	<p>WEDNESDAY Roast Beef with Rich Gravy Or Garden Vegetable Pie Boiled or Creamed Potatoes Baton Carrots, Cabbage, Swede Artic Roll and Fruit Wedges</p>
<p>THURSDAY Meatballs in Rich Gravy Or Vegetable Sausage Creamed or Boiled Potatoes Carrots, Garden Peas, Broccoli, Salad Fruit Yoghurt or Fresh Fruit</p>	<p>THURSDAY Chicken Fillet in Rich Gravy Or Vegetable Casserole Boiled or Creamed Potatoes Carrots, Cabbage, Country Vegetables, Salad Fruit Yoghurt or Fresh Fruit</p>	<p>THURSDAY Pork Frikadellons Or Quorn Fillet Creamed Potatoes or Boiled Potatoes Baked Beans, Carrots, Garden Peas Fruit Yoghurt or Fresh Fruit</p>
<p>FRIDAY Fish Fillet Vegetable Rice or Chipped Potatoes Mixed Vegetables, Sweetcorn, Broccoli, Salad Mandarin topped Sponge Slice</p>	<p>FRIDAY Cheese and Tomato Pizza Or Quorn Dippers Jacket Potato or Chipped Potatoes Mini Corn Cobs, Mixed Vegetables, Salad Fruit Muffins or Tutti Fruitti Flapjacks</p>	<p>FRIDAY Chicken Tikka/Korma Or Vegetarian Hot Dogs Vegetable Rice or Chipped Potatoes Broccoli, Sweetcorn, Garden Peas, Salad Strawberry Delight Crunch</p>