# PRIMARY MEN

Cod & Salmon Fish Fingers \* Or Broccoli & Tomato Pasta Herby Diced Potatoes Baked Beans, Sweetcorn, Garden Peas, Salad Raspberry Peach Swirl Sponge & Custard

# TUESDAY

Beef Bolognaise \* Or Falafel Burger Pasta or Potato Wedges Mixed Vegetables, Broccoli, Salad Fruit Yoghurt or Fresh Fruit

# WEDNESDAY

Roast Turkey & Stuffing in rich Gravy \* Or Vegetable & Lentil Shepherds Pie **Boiled or Creamed Potatoes** Green Cabbage, Carrots & Diced Swede Jelly with Strawberry Swirl

# THURSDAY

Meatballs in Rich Gravy \* Or Vegetable Sausage Creamed or Boiled Potatoes Carrots, Garden Peas, Broccoli, Salad Fruit Yoghurt or Fresh Fruit

Fish Fillet \* Or Spinach and Chickpea Curry Vegetable Rice or Chipped Potatoes Mixed Vegetables, Sweetcorn, Broccoli, Salad Mandarin topped Sponge Slice

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Mini Omelette with Pork Sausage \* Or Sweet & Sour Vegetables Potato Wedges or Vegetable Rice Baked Beans, Garden Peas, Salad Eve's Sponge & Custard

Cod & Salmon Fish Fingers \* Or Vegetable Plant Ball in Tomato Sauce Pasta or Diced Potatoes/Boiled Potatoes Broccoli, Garden Peas, Sweetcorn, Salad Fruit Yoghurt or Fresh Fruit

Roast Pork & Apple Sauce in Rich Gravy \* Or Vegetable Sausage Creamed or Boiled Potatoes Green Beans, Swede & Broccoli Tropical Rice Pudding

Chicken Fillet in Rich Gravy \* Or Vegetable & Bean Casserole **Boiled or Creamed Potatoes** Carrots, Cabbage, Country Vegetables, Salad Fruit Yoghurt or Fresh Fruit

Cheese and Tomato Pizza \* Or Quorn Dippers lacket Potato or Chipped Potatoes Mini Corn Cobs, Mixed Vegetables, Salad Fruit Muffins or Tutti Fruitti Flapjacks

**June 2025** 

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### **July 2025** M T W T F 7 8 9 10 11 14 15 16 17 18 21 22 23 24 25 26 29 30

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Lemon Sole \* Or Mushroom and Leek Bake lacket Potato or Sauté Potatoes Garden Peas, Sweetcorn, Broccoli, Salad Toffee Apple Brownies with Fruit Slices

# TUESDAY

Meatballs in Tomato Sauce \* Or Southern Style Vegetable Burger Pasta or Potato Wedges Mixed Vegetables, Garden Peas, Sweetcorn, Salad Fruit Yoghurt or Fresh Fruit

## WEDNESDAY

Roast Beef with Rich Gravy \* Or Garden Vegetable Pie **Boiled or Creamed Potatoes** Baton Carrots, Cabbage, Swede Artic Roll and Fruit Wedges

# THURSDAY

Pork Frikadellons \* Or Ouorn Fillet Creamed Potatoes or Boiled Potatoes Baked Beans, Carrots, Garden Peas Fruit Yoghurt or Fresh Fruit

Chicken Tikka/Korma \* Or Vegetarian Hot Dogs Vegetable Rice or Chipped Potatoes Broccoli, Sweetcorn, Garden Peas, Salad Strawberry Delight Crunch

Also served daily: Fresh Fruit, Wholemeal Bread, Yoghurt, Semi-Skimmed Milk, Water

Occasionally due to circumstances beyond our control it may be necessary to change or replace some menu items or ingredients.

Please note our menus/food may contain allergens. We are able to provide allergen information on request or please visit the Bridgend CBC website for more information. \* NURSERY PUPILS