**Text on screen:** Dare to Discover.

**Imagery on screen:** A woman plays with her dog in parkland.

**Female narrator:** My name is Roz Stirman.

**Text on screen:** Roz Stirman and Milo.

**Imagery on screen:** A dog emerges from a lake carrying a stick in its mouth, which it then dumps on grass.

**Female narrator:** This is my dog Milo. I’m in Calon Lan, and this is our green space.

**Imagery on screen:** The camera pans across the lake, hillside with thick woods, blue sky with sparse clouds, and two small rows of houses. The vista is impressive.

**Female narrator:** As you can see – absolutely magnificent.

**Imagery on screen**: Roz walks along a path next to the lake.

**Female narrator:** I walk the dog here all the time.

**Imagery on screen:** A man walks a dog along a path.

**Female narrator:** So many other dog walkers. So many friendly people.

**Imagery on screen:** Milo the dog walks down to the lake’s edge while wagging his tail, and Roz throws a stick into the lake.

**Female narrator:** He loves the water, which is why he’s so wet. He swims. He plays with other dogs. We play ball. We play frisbee. There’s so much open space without worries of cars and traffic. Also it’s a pathway to all the Garwfechan walks. You can walk up the hill here, and you can go for six, seven miles, not meet another soul. It’s beautiful.

**Text on screen:** My Green Space.

Visit Parc Calon Lân.

Near Blaengarw.

Parc Calon Lân.

Roz Stirman and Milo.

Get involved.

# My Green Space.

Natural Neighbourhoods dot com.