

# PRIMARY DAIRY FREE MENU

## WEEK 1

## WEEK 2

## WEEK 3

<p><b>MONDAY</b> Cod &amp; Salmon Fish Fingers Herby Diced Potatoes Baked Beans, Sweetcorn, Garden Peas &amp; Salad Dairy Free Berry Muffin</p>	<p><b>MONDAY</b> Chinese Style Salmon Sauté Potatoes or Vegetable Rice Sweetcorn, Stir-Fry Vegetables, Coleslaw &amp; Salad Fresh Fruit Wedges</p>	<p><b>MONDAY</b> Lemon Sole or Tomato &amp; Mushroom Pasta Jacket Potato or Savoury Pasta Mixed Vegetables, Sweetcorn, Broccoli &amp; Salad Dairy Free Apple Brownie</p>
<p><b>TUESDAY</b> Bolognese Bake - No Cheese Country Vegetables, Broccoli &amp; Salad Dairy Free Fruit Swirl Sponge</p>	<p><b>TUESDAY</b> Fish Fillet Herby Diced Potatoes Country Vegetables, Sweetcorn, Garden Peas &amp; Salad Dairy Free Mousse</p>	<p><b>TUESDAY</b> Chicken Goujons or Beef Burger in a Bun Vegetable Rice or Potato Wedges Green Beans, Garden Peas &amp; Salad Dairy Free Muffin</p>
<p><b>WEDNESDAY</b> Roast Turkey &amp; Stuffing in Knorr Gravy Creamed Potatoes or Boiled Potatoes Green Cabbage, Carrots &amp; Diced Swede Fresh Fruit</p>	<p><b>WEDNESDAY</b> Chicken Fillet with Sage &amp; Onion Stuffing or Baked Sausages Creamed Potatoes or Boiled Potatoes Carrots, Cabbage &amp; Cauliflower Fresh Fruit</p>	<p><b>WEDNESDAY</b> Roast Beef Roast Potatoes or Boiled Potatoes Baton Carrots, Cabbage &amp; Swede Fresh Fruit</p>
<p><b>THURSDAY</b> Pork Sausage &amp; Bean Casserole Potato Wedges Garden Peas, Sweetcorn, Country Vegetables &amp; Salad Dairy Free Mousse</p>	<p><b>THURSDAY</b> Pork Frikadellons Creamed Potatoes or Boiled Potatoes Baked Beans/Tomatoes, Garden Peas &amp; Broccoli Dairy Free Eve's Sponge</p>	<p><b>THURSDAY</b> Roast Pork with Sage &amp; Onion Stuffing Creamed Potatoes or Boiled Potatoes Green Beans, Carrots &amp; Garden Peas Dairy Free Fruit Swirl Sponge</p>
<p><b>FRIDAY</b> Fish Fillet in a Bun Vegetable Rice or Chipped Potatoes Country Vegetables, Garden Peas, Broccoli &amp; Salad Dairy Free Pear &amp; Chocolate Brownie</p>	<p><b>FRIDAY</b> Katsu Chicken Curry or Burrito Boats Vegetable Rice or Chipped Potatoes Broccoli, Garden Peas, Sweetcorn &amp; Salad Dairy Free Fruit Muffin</p>	<p><b>FRIDAY</b> BBQ Chicken or Salmon Goujon Salad Cones Vegetable Rice, Jacket Potato or Chipped Potatoes Broccoli, Sweetcorn, Garden Peas &amp; Salad Dairy Free Mousse</p>

**Also served daily:**  
Fresh Fruit, Wholemeal Bread, Water