

PRIMARY GLUTEN FREE MENU

WEEK 1

WEEK 2

WEEK 3

<p>MONDAY</p> <p>Gluten Free Fish Fingers Simply Diced Potatoes Baked Beans, Sweetcorn, Garden Peas & Salad Gluten Free Berry Muffin</p>	<p>MONDAY</p> <p>Chinese Style Salmon Sauté Potatoes or Vegetable Rice Sweetcorn, Stir-Fry Vegetables, Coleslaw & Salad Ice Cream Tub</p>	<p>MONDAY</p> <p>Tomato & Mushroom Gluten Free Pasta Mixed Vegetables, Sweetcorn, Broccoli & Salad Gluten Free Apple Brownie</p>
<p>TUESDAY</p> <p>Gluten Free Pasta Bolognese Bake Country Vegetables, Broccoli, Coleslaw & Salad Gluten Free Cake & Custard</p>	<p>TUESDAY</p> <p>Ranch Pie Simply Diced Potatoes Country Vegetables, Sweetcorn, Garden Peas & Salad Tropical Rice Pudding</p>	<p>TUESDAY</p> <p>Gluten Free Fish Fingers Vegetable Rice or Potato Wedges Coleslaw, Green Beans, Garden Peas & Salad Ice Cream Tub</p>
<p>WEDNESDAY</p> <p>Roast Turkey in Knorr Gravy Creamed Potatoes or Boiled Potatoes Green Cabbage, Carrots & Diced Swede Fruit Yogurt or Fresh Fruit</p>	<p>WEDNESDAY</p> <p>Chicken Fillet Creamed Potatoes or Boiled Potatoes Carrots, Cabbage & Cauliflower Fruit Yogurt or Fresh Fruit</p>	<p>WEDNESDAY</p> <p>Roast Beef or Chicken Hotpot - Knorr Gravy Roast Potatoes or Boiled Potatoes Baton Carrots, Cabbage & Swede Fruit Yogurt or Fresh Fruit</p>
<p>THURSDAY</p> <p>Gluten Free Pork Sausage & Bean Casserole Potato Wedges Garden Peas, Sweetcorn, Country Vegetables & Salad Alpro Dessert</p>	<p>THURSDAY</p> <p>Cheese & Potato Pie Baked Beans/Tomatoes, Garden Peas & Broccoli Gluten Free Eve's Sponge & Custard</p>	<p>THURSDAY</p> <p>Roast Pork Creamed Potatoes or Boiled Potatoes Green Beans, Carrots & Garden Peas Gluten Free Cake & Custard</p>
<p>FRIDAY</p> <p>Chicken Korma/Tikka Vegetable Rice or Chipped Potatoes Country Vegetables, Garden Peas, Broccoli & Salad Gluten Free Pear & Chocolate Brownie</p>	<p>FRIDAY</p> <p>Gluten Free Oven Baked Sausages Vegetable Rice or Chipped Potatoes Broccoli, Garden Peas, Sweetcorn & Salad Fresh Fruit Wedges</p>	<p>FRIDAY</p> <p>Chicken Strips in BBQ Sauce Vegetable Rice, Jacket Potato or Chipped Potatoes Broccoli, Sweetcorn, Garden Peas & Salad Fresh Fruit</p>

Also served daily:
Fresh Fruit, Yogurt, Semi-Skimmed Milk, Water