

## Suggested focus questions for this activity



### Task 1

**What do we know about 'foraging' and the wildlife in the local outdoor space?**

- What do you know about this outdoor space? How do you know these things?
- Have you visited this outdoor space? When? Why? What did you see?
- What animals might you find living in this outdoor space? Why do you think that?
- What plants might you find growing in this outdoor space? Why do you think that?
- Which of these plants and animals could you eat? Why do you think that?
- How could you catch the animals?
- How would you know which plants were safe to eat?
- What does the word 'foraging' mean? Why do you think that?



### Task 2

**Finding out what might be available to forage**

- What outdoor space will you visit?
- What information are you looking for? Why?
- Where will you search for this information? Why?
- How will you search for this information?
- What will you do to find the information you need?
- How will you select which information to use?
- How will you record this information? Why do it like this?
- When have you used these methods before?





## Task 3

### Using research findings

- How will you create a database of the information you have recorded? Why do it like this?
- How will you use this when you visit the outdoor space?
- How will you keep a record of the items on the database that you find in the outdoor space?
- What will you do if you see plants and animals that look edible but are not on the database?
- How will you keep a record of these things? Why do it like that?
- How will you find out if these things are safe to eat? How reliable is this method?
- What other ways could you do it? Which of these might be the best? Why?



## Task 4

### Visiting the outdoor space

- How have you used your database?
- How successful was this method? Why do you think that is?
- Were there any problems using the database? What were they? What did you do about them? Why?
- What plants and animals did you find that were not on the database?
- How did you keep a record of these?
- Do you think they are edible? Why? How will you find out?





## Task 5

**Creating a list of edible ingredients and linking it to previous understanding**

- What is a food group? How do you know?
- What food groups do you know about? How do you know about these food groups?
- What do you know about each food group?
- What else do you want to find out about the food groups?
- Which food group does each of your ingredients fit into? What makes you think that?
- Which ingredients might fit into more than one group? Why do you think this?



## Task 6

**Developing a three course menu**

- What is the healthiest meal you have eaten recently? Why was it healthy? How do you know?
- What is the least healthy meal you have eaten recently? Why wasn't it healthy?
- What ingredients does a 'healthy meal' need to contain? Why do you think that?
- What percentage of each type of food should be in a 'healthy meal'? How do you know?
- How will you find healthy recipes online or in books?
- Where and how will you look? Why?
- How will you know if a recipe is healthy?





## Task 7

**Developing a recipe for the three course menu**

- How many people is your recipe for? How many adults and children?
- Do they all eat the same amount of food? Why? How will this affect your recipe?
- How much of each ingredient will you need to create your menu? How do you know?
- How could you find out this information?
- Which way of cooking food is the healthiest? Why do you think that?
- How could you make sure these ways of cooking are include in your recipe?
- What do you already know about creating a recipe? How do you know these things?
- What steps will you take to develop and create your recipe? Why take these steps?
- Who is your audience? How will this affect the way you present the recipe?



## Task 8

**Choosing the best menu and recipe**

- Why are you using that equipment? Is there any other equipment/utensils you could have used instead? Why did you choose not to use them?
- What do you need to measure?
- What quantity of each ingredient do you need?
- How are you going to measure that quantity of each ingredient? Why do it like that?

