



# PRIMARY MENU

## WEEK 1

## WEEK 2

## WEEK 3

**NAME:**

**SCHOOL:**

**ALLERGY:  
Dairy Free**

**Also served daily:**  
Fresh Fruit  
Wholemeal Bread  
Water

**WHOLEMEAL  
BREAD CAN  
BE SERVED**

**ONLY THE FOOD  
STATED ON THIS  
MENU IS TO BE  
SERVED**

<p><b>MONDAY</b> Oven Baked Sausages Jacket Potato Wedges Sweetcorn or Garden Peas or Salad Fresh Fruit</p>	<p><b>MONDAY</b> Oven Baked Fish Fillet or Chinese Chicken Sauté Potatoes Garden Peas or Sweetcorn or Salad Dairy Free Yoghurt</p>	<p><b>MONDAY</b> Tuna &amp; Sweetcorn Pasta Jacket Potato or Pasta Country Vegetable Medley or Salad Dairy Free Sponge Cake</p>
<p><b>TUESDAY</b> Chicken &amp; Leek Casserole (Knorr gravy) or Roast Beef Boiled Potatoes Green Beans or Diced Swede Peach Slices</p>	<p><b>TUESDAY</b> Bolognaise &amp; French Bread Pasta or Jacket Potato Broccoli Florets or Diced Mixed Vegetables or Salad Fresh Fruit</p>	<p><b>TUESDAY</b> Fish Fillet Fingers Boiled Potatoes or Seasoned Potatoes Mixed Diced Vegetables or Broccoli or Salad Fresh Fruit</p>
<p><b>WEDNESDAY</b> Haddock Bake or Mexican Chilli Vegetable Rice or Boiled Potatoes Baked Beans or Broccoli or Salad Dairy Free Yoghurt</p>	<p><b>WEDNESDAY</b> Pork Grill Boiled Potatoes Country Vegetables or Baked Beans/ Tomatoes or Salad Dairy Free Sponge Cake</p>	<p><b>WEDNESDAY</b> Sliced Roast Pork &amp; Sage &amp; Onion Stuffing, Apple Sauce &amp; Gravy Sauce (Knorr gravy) Boiled Potatoes Green Beans or Baton Carrots Fresh Fruit</p>
<p><b>THURSDAY</b> Cod &amp; Salmon Fish Fingers Boiled Potatoes Spaghetti in Tomato Sauce or Country Vegetables or Salad Dairy Free Sponge Cake</p>	<p><b>THURSDAY</b> Oven Baked Lamb Grill or Roast Chicken &amp; Stuffing (Knorr gravy) Boiled Potatoes Shredded Cabbage or Baton Carrots or Salad Fresh Fruit Slices</p>	<p><b>THURSDAY</b> Chicken &amp; Vegetable Burrito Savoury Pasta or Jacket Potato Sweetcorn or Garden Peas or Salad Dairy Free Yoghurt</p>
<p><b>FRIDAY</b> Lemon Sole Grill Wholegrain Rice or Chipped Potatoes Garden Peas or Sweetcorn Kernels or Salad Fresh Fruit</p>	<p><b>FRIDAY</b> Cod &amp; Salmon Fishcake or BBQ Chicken Fillet Jacket Potato or Chipped Potatoes Garden Peas or Sweetcorn Kernels or Salad Fresh Fruit Wedges</p>	<p><b>FRIDAY</b> Lemon Sole Grill or Hotdog Jacket Potato or Chipped Potatoes Baked Beans or Garden Peas or Salad Fresh Fruit</p>