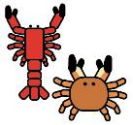
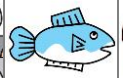
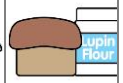
YSGOL GYFUN PEN-Y-BONT AR OGWR – PASTA KING

✓ = yn cynnwys MC = gall gynnwys														
	Seleri	Grawnfwydydd sy'n cynnwys glwten	Cramenogion	Wyau	Pysgod	Blawd bys y blaidd	Llaeth	Molysgiaid	Mwstard	Cnau	Pysgnau	Hadau sesame	Soia	Sylffwr deuocsid / Sylffidau
Sawsiau Llysieuol														
Pasta a Saws Basilico		✓												
Pasta a Saws Pomodoro		✓												
Sawsiau Cig														
Pasta a Saws Bolognaise (Cig)		✓												
Pasta a Ffowlyn â Saws Torino		✓												
Pasta a Saws Pelenni Cig Eidalaidd		✓												
Pasta a Saws Selsig Sbeislyd		✓												
Pasta a Saws Pelenni Cig Barbeciw Tecsas		✓												
Pasta a Saws Ffowlyn Tanllyd		✓												