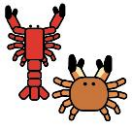
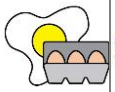
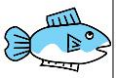
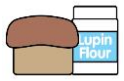
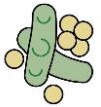
YSGOLION UWCHRADD PEN-Y-BONT AR OGWR – DIODYDD

✓ = yn cynnwys GG= gall gynnwys														
	Seleri	Grawnfwydydd sy'n cynnwys glwten	Cramenogion	Wyau	Pysgod	Blawd bys y blaidd	Llaeth	Molysgiaid	Mwstard	Cnau	Pysgnau	Hadau sesame	Soia	Sylffwr deuocsid / Sylffidau
Smwddi Ffrwythau – Mefus a Banana							✓							
Smwddi Ffrwythau – Oren a Phîn-afal														
Diodydd Twym							✓							
Te Oer														
Coffi Oer							✓							
Llaeth							✓							