

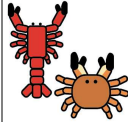


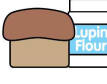






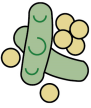



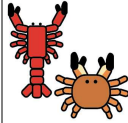
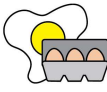

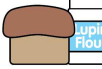










BRIDGEND COMPREHENSIVE SCHOOL MAIN MEAL MENU – WEEK 1

✓ = contains MC = may contain MONDAY														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide / Sulphites
Chilli Con Carne														
French Bread Pizza		✓					✓					✓		
Sauté Potatoes														
Wholegrain Rice														
Garden Peas														
Sweetcorn Kernels														
Apple & Blackberry Crumble		✓		MC			MC						MC	
Custard		MC					✓						MC	



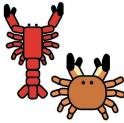

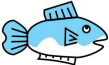
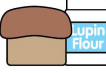








BRIDGEND COMPREHENSIVE SCHOOL MAIN MEAL MENU – WEEK 1

✓ = contains MC = may contain TUESDAY														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide / Sulphites
Roast Chicken														
Stuffing		✓												
Gravy	MC	✓		MC			MC		MC				✓	
Oven Baked Sausages		✓											MC	✓
Boiled Potatoes														✓
Green Beans														
Cauliflower														
Pineapple Sponge		✓		✓			✓						✓	
Custard		MC					✓						MC	

BRIDGEND COMPREHENSIVE SCHOOL MAIN MEAL MENU – WEEK 1

✓ = contains MC = may contain THURSDAY														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide / Sulphites
Cheese & Potato Pie							✓							✓
Bacon														✓
Tomatoes														
Baked Beans														
Savoury Meatballs in Tomato Sauce		✓					✓							
Pasta		✓												
Country Vegetables														
Rice Pudding							✓							

BRIDGEND COMPREHENSIVE SCHOOL MAIN MEAL MENU – WEEK 1

✓ = contains MC = may contain FRIDAY														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide / Sulphites
Chicken Tikka							✓							
Jumbo Fish Finger		✓			✓									
Wholegrain Rice														
Chipped Potatoes														
Baked Beans														
Garden Peas														
Chocolate Brownie		✓		✓			✓						MC	