

PRIMARY MENU

WEEK 1

MONDAY

Broccoli & Macaroni Cheese
or * Cod & Salmon Fish Fingers
Herby Diced Potatoes
Baked Beans, Sweetcorn, Garden Peas & Salad
Berry Cupcake

TUESDAY

* Lasagne / Bolognese Bake
or Tuna Melt
Savoury Pasta or Jacket Potato
Country Vegetables, Broccoli, Coleslaw & Salad
Raspberry & Peach Swirl Sponge & Custard

WEDNESDAY

* Roast Turkey & Stuffing in Rich Gravy
or Savoury Meatballs in Gravy
Creamed Potatoes or Boiled Potatoes
Green Cabbage, Carrots & Diced Swede
Fruit Yoghurt or Fresh Fruit

THURSDAY

* Pork Sausage & Bean Casserole
or Cheese & Tomato Pizza
Potato Wedges
Garden Peas, Sweetcorn, Country Vegetables & Salad
Fruit Jelly & Strawberry Swirl

FRIDAY

Chicken Korma/Tikka
or * Fish Fillet in a Bun
Vegetable Rice or Chipped Potatoes
Country Vegetables, Garden Peas, Broccoli & Salad
Pear & Chocolate Muffin

WEEK 2

MONDAY

Chinese Style Salmon
or * Loaded Vegetable Pizza
Sauté Potatoes or Noodles
Sweetcorn, Stir-fry Vegetables, Coleslaw & Salad
Tutti Fruitti Flapjacks

TUESDAY

* Fish Fillet
or Ranch Pie
Herby Diced Potatoes
Country Vegetables, Sweetcorn & Garden Peas & Salad
Tropical Rice Pudding or Arctic Roll & Fruit

WEDNESDAY

* Chicken Fillet with Sage & Onion Stuffing
or Baked Sausages
Creamed Potatoes or Boiled Potatoes
Carrots, Cabbage & Cauliflower
Fruit Yoghurt or Fresh Fruit

THURSDAY

* Pork Frikadellons
or Cheese & Potato Pie
Creamed Potatoes or Boiled Potatoes
Baked Beans/Tomatoes, Garden Peas & Broccoli
Eve's Sponge & Custard

FRIDAY

Katsu Chicken Curry
or * Burrito Boats
Vegetable Rice or Chipped Potatoes
Broccoli, Garden Peas, Sweetcorn & Salad
Chocolate & Orange Cheesecake

WEEK 3

MONDAY

* Lemon Sole
or Tomato & Mushroom Pasta
Jacket Potato or Savoury Pasta
Mixed Vegetables, Sweetcorn, Broccoli & Salad
Toffee Apple Brownie

TUESDAY

* Chicken Goujons
or Beef Burger in a Bun
Vegetable Rice or Potato Wedges
Coleslaw, Green Beans, Garden Peas & Salad
Pancakes/Waffles & Banana Ice Cream

WEDNESDAY

Roast Beef & Yorkshire Pudding
or * Chicken Hotpot
Roast Potatoes or Boiled Potatoes
Baton Carrots, Cabbage & Swede
Fruit Yoghurt or Fresh Fruit

THURSDAY

* Roast Pork with Sage & Onion Stuffing
or Chicken & Ham Pie
Creamed Potatoes or Boiled Potatoes
Green Beans, Carrots & Garden Peas
Fruit Crumble/Tart & Custard

FRIDAY

BBQ Chicken
or * Salmon Goujon Salad Cones
Vegetable Rice, Jacket Potato or Chipped Potatoes
Broccoli, Sweetcorn, Garden Peas & Salad
Fruit Jelly & Dream Topping

January 2022

M	T	W	T	F	S	S
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

February 2022

M	T	W	T	F	S	S
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27

March 2022

M	T	W	T	F	S	S
28	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	1	2	3

April 2022

M	T	W	T	F	S	S
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	1

Also served daily:

Fresh Fruit, Wholemeal Bread, Yoghurt, Cheese & Biscuits, Semi-Skimmed Milk, Water

Occasionally due to circumstances beyond our control it may be necessary to change or replace some menu items or ingredients.

Please note our menus/food may contain allergens. We are able to provide allergen information on request or please visit the Bridgend CBC website for more information.

* NURSERY PUPILS