



PRIMARY MENU

WEEK 1

WEEK 2

WEEK 3

NAME:

SCHOOL:

**ALLERGY:
Egg Free**

**Also served
daily:**

Fresh Fruit
Wholemeal Bread
Yoghurt
Semi-Skimmed Milk
Water

Free From Knorr
Gravy **ONLY** to be
used

**ONLY THE
FOOD STATED
ON THIS MENU
IS TO BE
SERVED**

BRAND
County Borough Council

<p>MONDAY Cod & Salmon Fish Fingers Or Broccoli & Tomato Pasta Herby Diced Potatoes Baked Beans, Sweetcorn, Garden Peas, Salad Cheese & Crackers</p>	<p>MONDAY Pork Sausage Or Five Bean Chilli with French Bread Potato Wedges or Vegetable Rice Baked Beans, Garden Peas, Salad Cheese & Crackers</p>	<p>MONDAY Lemon Sole Or Mushroom and Leek Bake Jacket Potato or Sauté Potatoes Garden Peas, Sweetcorn, Broccoli, Salad Fruit Slices</p>
<p>TUESDAY Beef Bolognaise Or Falafel Burger Pasta or Potato Wedges Mixed Vegetables, Broccoli, Salad Fruit Yoghurt or Fresh Fruit</p>	<p>TUESDAY Seaside Salmon Fillet Or Vegetable Plant Ball in Tomato Sauce with French Bread Pasta or Diced Potatoes Broccoli, Garden Peas, Sweetcorn, Salad Fruit Yoghurt or Fresh Fruit</p>	<p>TUESDAY Meatballs in Tomato Sauce Or Southern Style Vegetable Burger Pasta or Potato Wedges Mixed Vegetables, Garden Peas, Sweetcorn, Salad Fruit Yoghurt or Fresh Fruit</p>
<p>WEDNESDAY Roast Turkey & Stuffing in FF Gravy Or Vegetable Sausage Boiled or Creamed Potatoes Green Cabbage, Carrots & Diced Swede Jelly with Strawberry Swirl</p>	<p>WEDNESDAY Roast Pork & Apple Sauce in FF Gravy Or Vegetable Casserole Creamed or Boiled Potatoes Green Beans, Swede & Broccoli Tropical Rice Pudding</p>	<p>WEDNESDAY Roast Beef with FF Gravy Or Quorn Fillet Boiled or Creamed Potatoes Baton Carrots, Cabbage, Swede Ice Cream and Fruit Wedges</p>
<p>THURSDAY Meatballs in FF Gravy Or Vegetable & Lentil Shepherds Pie Creamed or Boiled Potatoes Carrots, Garden Peas, Broccoli, Salad Fruit Yoghurt or Fresh Fruit</p>	<p>THURSDAY Chicken Fillet in FF Gravy Or Vegetable Sausage Boiled or Creamed Potatoes Carrots, Cabbage, Country Vegetables, Salad Fruit Yoghurt or Fresh Fruit</p>	<p>THURSDAY Garden Vegetable Pie Creamed Potatoes or Boiled Potatoes Baked Beans, Carrots, Garden Peas Fruit Yoghurt or Fresh Fruit</p>
<p>FRIDAY Fish Fillet Or Spinach and Chickpea Curry Vegetable Rice or Chipped Potatoes Mixed Vegetables, Sweetcorn, Broccoli, Salad Ice Cream</p>	<p>FRIDAY Cheese and Tomato Pizza Or Quorn Dippers Jacket Potato or Chipped Potatoes Mini Corn Cobs, Mixed Vegetables, Salad Ice Cream</p>	<p>FRIDAY Chicken Tikka/Korma Vegetable Rice or Chipped Potatoes Broccoli, Sweetcorn, Garden Peas, Salad Strawberry Jelly & Strawberry Swirl</p>