

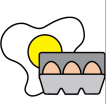

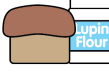






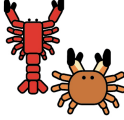
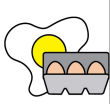





## BRIDGEND PRIMARY SCHOOL MENU 2023-2024 – WEEK 2

✓ = contains MC = may contain  <b>MONDAY</b>														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide / Sulphites
Mini Omelette				✓			✓							
Pork Sausage		✓ - wheat											✓	✓
Sweet & Sour Vegetables	✓													
Potato Wedges														
Vegetable Rice														
Baked Beans														
Garden Peas														
Salad Selection	<b>MC</b>													
Eve's Sponge		✓ - wheat		✓			✓						✓	
Custard							✓							
Wholemeal Bread/French bread		✓ - wheat											✓	
Yoghurt							✓							
Cheese & Biscuits		✓ - wheat MC - rye, oats, & barley					✓							
Ice Cream							✓							
Fresh Fruit														
Semi-Skimmed Milk							✓							



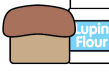





## BRIDGEND PRIMARY SCHOOL MENU 2023-2024 – WEEK 2

✓ = contains MC = may contain  <b>TUESDAY</b>														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide / Sulphites
Cod & Salmon Fish Fingers		✓ - wheat			✓									
Vegetable Plantballs in Tomato Sauce														
Diced Potatoes (Simply)														
Boiled Potatoes														✓
Pasta		✓ - wheat												
Broccoli														
Sweetcorn Kernels														
Garden Peas														
Salad Selection	MC													
Wholemeal Bread/ French bread		✓ - wheat											✓	
Yoghurt							✓							
Cheese & Biscuits		✓ - wheat MC - rye, oats, & barley					✓							
Fresh Fruit														
Semi-Skimmed Milk							✓							



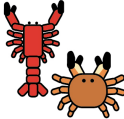
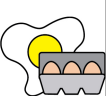

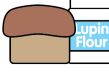








## BRIDGEND PRIMARY SCHOOL MENU 2023-2024 – WEEK 2

✓ = contains MC = may contain  <b>WEDNESDAY</b>														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide / Sulphites
Roast Pork & Apple Sauce														
Stuffing		✓ - wheat												
Gravy	MC	✓ - wheat & barley		MC			MC		MC				MC	
Vegetable Sausage		✓ - wheat												
Free From Gravy														
Creamed Potatoes (with Sunlite spread only)														✓
Boiled Potatoes														✓
Green Beans														
Swede														
Broccoli														
Wholemeal Bread		✓ - wheat											✓	
Tropical Rice Pudding							✓							
Yoghurt							✓							
Cheese & Biscuits		✓ - wheat MC - rye, oats, & barley					✓							
Fresh Fruit														
Semi-Skimmed Milk							✓							

## BRIDGEND PRIMARY SCHOOL MENU 2023-2024 – WEEK 2

✓ = contains MC = may contain  <b>THURSDAY</b>														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide / Sulphites
Chicken Fillet														
Vegetable & Bean Casserole													MC	
Creamed Potatoes (with Sunlite spread only)														✓
Boiled Potatoes														
Gravy	MC	✓ - wheat		MC			MC		MC				MC	
Free From Gravy														
Carrots														
Cabbage														
County Vegetables														
Wholemeal Bread		✓ - wheat											✓	
Yoghurt							✓							
Cheese & Biscuits		✓ - wheat MC - rye, oats, & barley					✓							
Ice Cream							✓							
Fresh Fruit														
Semi-Skimmed Milk							✓							

## BRIDGEND PRIMARY SCHOOL MENU 2023-2024 – WEEK 2

✓ = contains MC = may contain  <b>FRIDAY</b>														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide / Sulphites
Cheese and Tomato Pizza		✓ - wheat					✓							
Quorn Dippers		✓ - wheat												
Jacket Potato														
Chipped Potatoes														
Mini Corn on the Cob														
Mixed Vegetables														
Salad Selection	MC													
Wholemeal Bread		✓ - wheat											✓	
Fruit Muffins		✓ - wheat		✓			✓						MC	
Tutti Frutti Flapjacks		✓ - wheat & oats		MC			MC						MC	
Yoghurt							✓							
Cheese & Biscuits		✓ - wheat MC - rye, oats, & barley					✓							
Fresh Fruit														
Semi-Skimmed Milk							✓							